

Looise – AV Open Meeting

Vrijdag 14 mei 19h00

Benaderend tijdschema

| Uur | Proef | Categorie | | Uur | Proef | Categorie |
|-------|-------|-----------|--|-------|---------------|----------------------|
| 19h00 | 100 | Cad Dames | | 19h00 | Discus 1.75kg | Jun Heren |
| | 100 | Sch Dames | | | Discus 2kg | Sen/M35-45 Heren |
| | 100 | JSM Dames | | | Speer 500gr | Cad/Sch/W50-70 Dames |
| 19h15 | 100 | Cad Heren | | | Speer 400gr | W75+ Dames |
| | 100 | Sch Heren | | | Speer 400gr | M80+ Heren |
| | 100 | JSM Heren | | 19h15 | Hamer 5kg | Sch/M60-65 Heren |
| | | | | | Hinkstap | Cad/Sch/JSM Dames |
| 19h45 | 800 | Cad Dames | | 19h45 | Discus 1kg | JS/W35-75 Dames |
| | 800 | Sch Dames | | | Discus 750gr | W80+ Dames |
| | 800 | JSM Dames | | | Speer 700gr | Sch/M50-55 Heren |
| 20h05 | 800 | Cad Heren | | | Hamer 4kg | Cad/M70-75 Heren |
| | 800 | Sch Heren | | | Hamer 3kg | M80+ Heren |
| | 800 | JSM Heren | | | | |
| 20h30 | 200 | Cad Heren | | 20h30 | Discus 1kg | Cad/Sch Dames |
| | 200 | Sch Heren | | | Speer 600gr | Cad/M60-65 Heren |
| | 200 | JSM Heren | | | Speer 500gr | M70-75 Heren |
| 20h45 | 200 | Cad Dames | | | Hamer 6kg | Jun/M50-55 Heren |
| | 200 | Sch Dames | | 20h45 | Hamer 7.26kg | Sen/M35-45 Heren |
| | 200 | JSM Dames | | | Hinkstap | Cad/Sch/JSM Heren |
| 21h15 | 3000 | JSM Dames | | 21h00 | Discus 1kg | Cad/M60+ Heren |
| | 3000 | JSM Heren | | | Speer 600gr | JS/W35-45 Dames |
| | | | | 21h20 | Discus 1.5kg | Sch/M50-55 Heren |
| | | | | | Speer 800gr | JS/M35-45 Heren |

Proeven per categorie

| | |
|-------------|---|
| Cad Dames | 100 / 200 / 800 / Hinkstap / Discus / Speer |
| Schol Dames | 100 / 200 / 800 / Hinkstap / Discus / Speer |
| JSM Dames | 100 / 200 / 800 / 3000 / Hinkstap |
| JS Dames | Discus / Speer |
| Mas Dames | Discus / Speer |
| Cad Heren | 100 / 200 / 800 / Hinkstap / Discus / Speer / Hamer |
| Schol Heren | 100 / 200 / 800 / Hinkstap / Discus / Speer / Hamer |
| JSM Heren | 100 / 200 / 800 / 3000 / Hinkstap |
| JS Heren | Discus / Speer / Hamer |
| Mas Heren | Discus / Speer / Hamer |



vastgoed

